

# Before You Go

With all the essays, forms, and deposits, it's easy to overlook some of the simple tasks. Don't forget to check these off your list.

Access your school's email and portal and check them often - even daily! You don't want to miss communication from offices such as financial aid, academic advising, housing, registrar, your professors, the library, student health services, and others.



Build a connection with your future roommate. Decide which items you can share and who will be responsible for bringing them.



See if your bank has branches and/or ATMs in your college's city. If not, consider opening a bank account at bank that is local to your new location.

Gather important documents. Make sure you take essential documents like your driver's license, Social Security card (or copy) and a copy of your birth certificate. You should also have a copy of your health insurance card. Consider printing and bringing school documents such as those containing financial aid and scholarship information.



Get checked up! Visit your physician, eye doctor and dentist over the summer. Order new glasses or contacts. Know your new school's vaccination policy. Get prescriptions in order. Enjoy an end-of-summer haircut with your favorite home stylist.

Learn some basic self-care tasks: knowing how to do your laundry, cook basic meals and how to schedule and organize your time will help you as you set out on your own for the first time.

Know what to pack. Look for helpful college packing checklists, and be sure to check your school's website for important info on what NOT to bring. Think about what items might make you feel most at home, but remember that dorm rooms are small! Print photos!

Organize and clean out! Go through your closet, your desk, your social media. This is a good time to start fresh!

Talk with your family about communication expectations once you're in school. Once a week? Once a day? How often makes sense to connect?

Spend quality time with your family and friends. Visit your favorite places, eat in your favorite restaurants. Soak up your city! Make some amazing memories that you can carry into your next adventure.

