

CHERRY CREEK HIGH SCHOOL POST GRADUATE AND COLLEGE PLANNING GUIDE

www.cchspostgrad.com

CONTENTS

3	Introduction
4	About the Post Graduate Center
4	Counseling Team
5	Postsecondary Options/College/Trades/Military/Gap Year
7	The Four-Year Post Graduate and College Planning Timelines
12	Thoughts on College Admission
14	The College Search and Selection
15	The Five First Choice College Model
16	How Colleges Evaluate Applications
17	Questions to Consider as You Begin Visiting Colleges
19	Planning Colleges Visits and College Rep Visits at Cherry Creek
21	The College Application
22	Senior College Application Checklist
24	Definitions of Admission Options and Decisions
24	Transcripts and Transcript Request Deadlines
26	College Admissions Testing
29	Letters of Recommendation
31	Campus/Alumni Interview
32	Frequently Asked Questions about the College Application
33	The Post Graduate Center Responsibilities
33	Responsibilities of Students and Families
34	Students with Special Needs
36	Undocumented Students
37	Athletics: NCAA and NAIA
44	How am I Going to Pay For This?
45	Financial Aid Clarifications
48	Glossary of College Terms
53	College Links/Resources

Welcome to Post Graduate College and Career Counseling!

Planning ahead for life after high school can be exciting. This planning guide will help you navigate the many opportunities and responsibilities that lie ahead. It contains information that will dispel some of the myths associated with college admission and will provide an outline for planning your student's personal college search. It will also share information about other non-college options. It contains explanations of responsibilities, the importance of keeping up with deadlines, the application process, planning college visits, and more. It serves to assist students in helping navigate a successful journey to the best college fit or post high school plan.

Parents should encourage your student to take ownership of this process. This is often the first "rite of passage" faced by students and the maturity gained will certainly help in the transition to independence in college or directly in the real world. The ultimate decisions about which schools a student will apply to, attend or the plan for life after high school will always rest with the student and family. However, our goal is to assure you have all the information necessary to make an informed decision. Please feel free to contact any of us on the CCHS counseling team when you have questions or concerns. Visit our website for events, resources, and updates at www.cchspostgrad.com. We look forward to working with you.

About the Post Graduate Center

The Post Graduate Center (www.cchspostgrad.com) is located on the first floor in the Information Center (IC) building and is attached to the Counseling Department. We have 13 counselors and two Post Grad Specialists who work with our students to support their post graduate plans.

MISSION STATEMENT:

The Post Graduate Center provides students with the knowledge and resources needed so that each individual student feels that he or she is empowered to make an appropriate choice for his or her post graduate plans. The Post Graduate Center provides opportunities and education to all students, parents, and families concerning post graduate options, college searches, admissions, financial aid, and possible scholarship opportunities. The Post Graduate Center works closely with colleges to provide accurate information and fosters the relationship with a broad variety of colleges to be able to meet the needs of the individual student.

The Post Grad Center is a great resource for:

- Visits from admission representatives of colleges/universities in the United States, Canada, and abroad.
- Admissions Application support.
- ACT/SAT and College Board test preparation information.
- Financial Aid and Scholarship information.
- Career and Occupation information.
- Summer enrichment program information.
- U.S. Military opportunity information.

Counseling Team

Lisa Wiese	A - Bo	Craig Wittgrove	Maz - Noo
Deana Tucker	Bp – Dat	Chris Win	Nop - Ree
Nick Peterson	Dau – Garn	April Beckwith	Ref - Sn
Christine Snow	Garo – Hue	Susan Swisher	Sob - Truo
Tyler Fischels	Huf – Lan	Toni Cole	Trup - Z
Shelly Johnson	Lanc – May	Kacey Morgan	GT Students

Postsecondary Options

Statistics have shown that the more education a student receives, the greater their lifetime earning potential.

Four- Year Colleges & Universities

Four-year colleges and universities provide students with a broad range of classes and educational experiences, along with in-depth courses specific to their major or minor. These institutions generally offer Bachelor's degrees and prepare students for a career. A degree from a four-year college may also allow students the opportunity to do advanced studies, earn a Master's or Doctoral degree. Four-year colleges may be public or private, and are generally more expensive than community colleges and technical schools. Examples: University of Colorado-Boulder, Colorado State, University of Denver, Colorado College, Metro, etc.

Community/Junior Colleges

Students with a high school diploma or the equivalent can go to a community or junior college. They can help students further their education, prepare for a four-year college, or focus on a particular trade for a specific job. Students can earn a certificate in a specific area of study, or earn an Associate's degree after completing a two-year program. Students may also complete required general education courses at community/junior colleges, and transfer those credits to a four-year college in order to save money and time. Examples:

<u>Arapahoe Community College</u>, <u>Community College of Denver</u>, <u>Northeastern Junior College</u>

Vocational/Technical Schools

These schools prepare students for a specific trade, job or career. Examples: <u>Pickens Technical College</u>, <u>Emily Griffith Technical College</u>

Military

Every year, the Armed Services hire more than 340,000 people for military careers in 142 different occupations. If students enlist directly after high school, they will complete training preparing them to carry out fundamental military operations. The military also offers tuition support and ROTC programs for students wanting to attend college and then serve in the military. Examples: Army, Navy, Air Force, Marines, Merchant Marines and Coast Guard

Gap Year Programs

Some students choose to delay further education for a year to pursue "gap year" programs in travel, service, training, or religious opportunities.

Apprenticeships

Some individuals choose on-the-job and technical training programs in different trades. This could take between 1-6 years to master the practical and theoretical aspects of work required in a skilled trade. Many apprenticeships are paid.

Trades

What is an Apprenticeship?

An apprentice is an employed worker in training. Apprenticeship involves on-the-job training and technical instruction in many different trades. The goal of training is to master the practical and theoretical aspects of the work required in a skilled trade, and to graduate to journeyman status. Depending on the trade, an apprenticeship lasts from one to six years. A Certificate of Completion of Apprenticeship is issued when the apprentice completes the training. Apprentices train in every major industry. Some occupations that require an apprenticeship include carpenter, cook, machinist, steel metalworker, drywall finisher, and electrician. For more information, please contact:

Denise Miller, Ed.D. State Coordinator for Apprenticeships and Experiential Learning denise.miller@state.co.us 303-318-8822 www.careerwisecolorado.org

Military

The United States Military Services provide challenges and career training opportunities for high school graduates. Military recruiters can provide more information about the benefits and requirements involved in a military career. The **Armed Services Vocational Aptitude Battery (A.S.V.A.B.)** Career Exploration Program is a comprehensive career-planning program that includes a multiple-aptitude test battery, and interest inventory, in addition to various career-planning tools. Cherry Creek School District offers the test at various times throughout the year. Please check with your counselor for more specific information. In addition to full-time military service, opportunities exist in reserve units, the National Guard, University Reserve Officer Training Corps (R.O.T.C.) programs, and military academies. A variety of educational benefit programs can help finance a college education for members of the military.

Gap Year Programs

What is a "Gap Year"?

Students in the U.K., Australia, and Canada commonly take time off between high school and college to gain real-life experiences through travel, language immersion, community and conservation service programs, outdoor adventure, and professional internships. Now, U.S. students are catching on to the awesome advantages of a Gap Year.

COST: Scholarships are sometimes available to students wishing to participate in these programs. Students must work with the program coordinator for details and specifics.

Websites:

https://www.gapyearassociation.org/ www.americangap.org/about



FALL

- Learn your username and password for PowerSchool, Creekmail and Naviance Student.
- Get familiar with Grade Point Average (GPA), what it means, and how it's calculated. See Bear Facts. (p. 5)
- · Check out CCHS graduation requirements.
- Plan ahead for college! Learn about Colorado Higher Education Admission Requirements (HEAR).
- Parents and Students Learn about Naviance Student!
- Carefully consider and complete your CCHS Four Year Academic Plan on Naviance (State of Colorado freshman requirements).
- Learn how to study. Ask for help. Find out when your teachers have off periods and where their offices are located
- Find out who your counselor is and where their office is located.
- Balance school work with activities. Explore and learn new skills.
- Attend College 101 Freshman Family Night in November, intended for students and families who are new to the
 college planning process.
- Check out the many clubs and athletic teams at Creek. Look at activities website.

SPRING

- Start asking questions about college: Should I go? Why? Talk to your parents/guardians about how you will pay
 for college.
- Thinking about playing sports in college? Learn about the NCAA eligibility requirements. (p. 61)
- Look into summer jobs, volunteering and/or other enrichment opportunities.

Course Requirements for Graduation in Cherry Creek

Board Policy IKF

A minimum of 22 units of credit shall be necessary for high school graduation.

English	4.0 units
Mathematics	3.0 units
Natural/Physical Science	3.0 units
Social Sciences	3.0 units
Physical Education	1.5 units
Health	
Fine Arts or CTE	1.5 units
Elective Offerings	5.5 units
5	

College & Career Ready Demonstration Requirement for Graduation in Cherry Creek and all Other Colorado Schools

Board Policy IKF

In addition to required coursework, all students must demonstrate competency in Math and English through one area below.

	English	Math
Accuplacer	62	61
ACT	18	19
ACT Compass	79	63
ACT Work Keys	Bronze+	Bronze+
Advanced Placement	2	2
ASVAB	31	31
Concurrent Enrollment	Passing Grade	Passing Grade
International Baccalaureate	4	4
SAT	470	500
District Capstone	Individualized	Individualized
Industry Certificate	Individualized	Individualized



College Planning Timeline: Sophomores www.cchspostgrad.com

FALL

- Be aware of graduation and college entrance requirements. Check out CCHS Graduation Requirements, College and Readiness Standards and Colorado Higher Education Admission Requirements (HEAR).
- Strive to earn grades of B or better. Improve study skills, ask teachers and/or your counselor for help.
- Participate in different activities to help you discover your interests. Quality and depth is more important than quantity.
- Develop independent living skills; manage varying homework demands, set academic goals and follow through to reach them, structure your free time productively.
- Prepare for and take seriously the opportunities for standardized testing, such as the practice PSAT 10 on College Readiness Day.
- Check out the Post Grad website's College Planning Calendar to learn about important fall events such as the National College Fair, Financial Aid & Scholarship Workshop and Creek to College
- Success in college is a combination of being able to handle academic demands and live independently.

SPRING

- Complete all Creek 201 tasks.
- Take the State PSAT 10 (practice SAT) given to all sophomores in April.
- Check out the Post Grad website's College Planning Calendar to learn about important spring events such as
 Evening with the College Deans, Post Grad Sophomore Family Night and RMACAC College Fair.
- Thinking about playing sports in college? Check out the <u>NCAA Eligibility Center website for requirements</u>.
- Look into summer jobs, enrichment and volunteer opportunities.

Cherry Creek High School Graduation Requirements

Board Policy IKF A minimum of 22 credits shall be necessary for high school graduation.

English	4.0 credits
Social Studies	3.0 credits
Math	3.0 credits
Science	3.0 credits
Practical/Fine Arts	1.5 credits
Physical Education	1.5 credits
Health	
Electives	5.5 credits

Colorado Higher Education Admissions Requirements (HEAR)*

(1112/1111)	
English	4.0 credits
Social Studies	3.0 credits
Math	4.0 credits
Science	3.0 credits
World Language**	1.0 credits
Academic Electives	

Total 17.0 Credits

- Minimum requirements for consideration to most four-year colleges and universities in Colorado.
- ** Many colleges require two-three years of World Language

College & Career Ready Demonstration Requirement for Graduation in Cherry Creek and all Other Colorado Schools

Board Policy IKF In addition to required coursework, all students must demonstrate competency in Math and English through one area below.

	English	Math
Accuplacer	62	61
ACT	18	19
ACT Compass	79	63
ACT Work Keys	Bronze+	Bronze+
Advanced Placement	2	2
ASVAB	31	31
Concurrent Enrollment	Passing Grade	Passing Grade
International Baccalaureate	4	4
SAT	470	500
District Capstone	Individualized	Individualized
Industry Certificate	Individualized	Individualized



College Planning Timeline: Juniors www.cchspostgrad.com

FALL

- Review your class schedule. Are you on track to graduate? Will the classes you are taking help you reach your goals after high school?
- If you haven't already, get serious about school! Colleges will consider your cumulative GPA but will also look for improvement.
- Consider community service or other outside-of-school activities part of your education.
- Check CCHS website for clubs and activities.
- Talk as a family about paying for college. Ask parents about geographic or financial concerns that may affect
 your college search. Attend our *Financial Aid and Scholarship Workshop* in October.
- Visit with college reps that come to Creek. Check Naviance and the bulletin board outside the Post Grad Center for scheduled visits and sign up online to attend.
- Attend Greater Denver College Fair and National College Fair and Workshop.
- Attend Out-of-State and In-State College Nights.
- Register for the PSAT/NMSQT This is a practice test for the SAT and a high score can qualify students for National Merit Scholarship consideration.

WINTER/SPRING

- Schedule your Junior Conference! Parents are invited. Prior to your conference, you must complete the Junior
 Conference Questionnaire (About Me—Surveys from Your School) and update your Academic Planning
 (Courses link) in Naviance Student.
- Students attend Creek 301 Junior Assembly (required) and parents attend College 301 Junior Parent Night.
- Attend CREEK TO COLLEGE: A College Planning Workshop for Parents and Students.
- Start a list of colleges you may be interested in based on majors, location, size and tuition using college search tool sin Naviance. Visit colleges.
- Research schools and take note of application/financial aid requirements and deadlines.
- Register for appropriate senior classes. Colleges want to see the most demanding schedule that you can successfully manage.
- Start researching scholarships. Some deadlines are in early Fall of your senior year.
- Attend College Counseling Lunchtime Junior Workshops, 5th Period. Dates are listed on CCHSPostgrad.com.
- Register for the <u>ACT</u> and/or <u>SAT</u>. Note: All juniors will be given the District ACT in February and the State SAT during school hours in April. Determine if any of the colleges you are interested in requires the Writing Portion of either test.
- Visit the Denver Spring College Fair at Cherry Creek High School in April.
- Playing sports in college? Check <u>NCAA</u> eligibility requirements. Order transcripts to be sent to <u>NCAA</u> at the *end* of your junior year for initial eligibility clearance.
- Begin brainstorming ideas for your college and scholarship essays.
- Register for the <u>College Opportunity Fund</u> (COF).
- If you will be applying to any service academies, schedule and have your senior conference before end of school
 year. Gather info regarding nomination process.



August

- Confirm you have all the credits you need to graduate! See <u>CCSD Graduation Requirements</u>.
- Resolve to keep your grades up. Colleges look at cumulative GPA and improvement. Many colleges require or will ask you
 to send your 7th semester (1st semester senior year) grades.
- Schedule your senior conference (required). Complete your Senior Questionnaire in Naviance and ask a parent to complete
 the Parent Questionnaire.
- Learn the Cherry Creek High School CEEB code: 060-515; it is required for college applications.
- Students attend Creek 401 Senior Assembly (required). Parents attend College 401 Senior Parent Night.
- Check college testing requirements. If needed, register to retake the ACT, SAT or SAT Subject Tests.
- Get in the habit of checking your Creek Mail, Naviance and Monday College E-mail Blasts. This is how Post Grad communicates with students about important scholarships, college visits and senior announcements!
- Check Naviance for upcoming college visits ongoing throughout the school year.
- Print out CCHS College Planning Schedule.

SEPTEMBER

- Narrow down your list of schools to your 5 first choice schools.
- Decide if you will be applying to any schools under an Early Action (non-binding) or Early Decision (binding) plan. Check
 deadlines and application requirements!
- Research scholarships, their application requirements and deadlines—see scholarship wall. Naviance and post grad website.
- Check college financial aid and scholarship websites. Do they require FAFSA forms and/or CSS Profile? Is there a "Priority Deadline" for in-house scholarship consideration.
- Work on application essay(s). Essay help is available in Post Grad first semester.
- Attend 5th Period College Counseling Workshops in the Post Grad Center offered September December.
- Attend National College Fair and Workshops happening in September. See the Post Grad Website at <u>www.CCHSPostgrad.com</u>
- Submit requests for transcripts and letters of recommendation to the Post Grad Center at least 15 working days prior to the
 college's application deadline. Deadlines are posted online and in the Post Grad Center.
- Check individual college websites, the Common Application or Coalition Application, to confirm application requirements: transcripts, essays, letter(s) of recommendation, counselor/teacher forms, deadlines, and standardized testing requirements.

OCTOBER

- Check to see if your teacher letter(s) of recommendation has been submitted with Post Grad. Teachers have until October 1 to upload their letters: give them time!
- Submit the Free Application for Federal Student Aid (FAFSA) (fafsa.ed.gov) online beginning as early as October 1.
- Finalize college and scholarship essay(s) for *Early Action* (non-binding) and *Early Decision* (binding) deadlines. Essay help is available in the Post Grad Center.
- · Visit college campuses when possible.
- If you haven't already done so, register for the College Opportunity Fund (COF). https://cof.college-assist.org
- Contact ACT or College Board to officially send test scores to the colleges where you apply. Link your state and national
 accounts.
- Visit www.fafsa4caster.ed.gov. (provides an early estimate of your eligibility for federal student aid).
- Visit Net Price Calculator Center at collegecost.ed.gov for additional financial aid information on the top 3 colleges where
 you plan to apply.

NOVEMBER

- Finalize college applications and college/scholarship essays for December application deadlines. The Cherry Creek High School CEEB code is 060-515.
- Complete in-state college applications. (CU Boulder and CSU Fort Collins Early Action deadlines are 11/15 and 12/01). All
 other public in-state colleges offer rolling admissions where applications are reviewed and applicants notified of their
 admission decision within weeks of their submitted application.
- Early Action and Early Decision applicants begin checking your email and "applied student" portals regularly for updates from college admissions departments regarding your application status.
- Write thank you notes to teachers who have written your letters of recommendation.

DECEMBER

- Finalize applications and college/scholarship essay(s) for January application deadlines.
- If you were admitted to a college under an ED Early Decision (binding) plan, notify all other colleges you applied to and withdraw those applications.

JANUARY

- Complete a final check of your classes and credits for graduation. See your counselor with any questions.
- Request your 7th semester transcript(s), 'Midyears', to be submitted to your colleges that require or request them. Midyear
 transcripts will be sent out the 3rd week of January.
- Complete applications with February and March deadlines.

FEBRUARY

- Check your college application accounts often and always open emails from schools you have applied to! This may be the ONLY way you know if your application is complete.
- Begin reporting scholarship awards to the Post Grad Center.
- Register for the College Opportunity Fund (COF) This is money to reduce the cost of attending college in Colorado.
 All students are eligible! https://cof.college-assist.org

MARCH

- Keep your grades up. Colleges can and have rescinded offers of admission for a significant drop in grades or attendance.
- Visit colleges over spring break.

APRIL

- · Expect to hear from colleges regarding admissions decisions by early April.
- If a college offers you a place on their "waitlist" you can accept or deny this offer. Be sure you accept AND make a deposit
 at a college that has accepted you, if you plan to attend.
- Evaluate financial aid packages from schools that have admitted you.
- Senior Day Report scholarships, write your plans on the PG windows, pin the map, start senior check-out, complete three
 required graduation surveys.

MAY

- May 1 is the National Candidate Reply Date. You MUST let colleges know if you are attending by this date or your spot
 will be given away.
- Take AP exams and arrange with <u>College Board</u> to have your score(s) sent to the college you are attending.

Thoughts on College Admission

The keys to staying on top of your college search process are to invest time and energy in the game, be organized, and anticipate issues and deadlines. Also, keep in mind that you are searching for and choosing a school that is right for you—not one that is right for your best friend, or your great uncle or one that a magazine says is this year's "best." Best Fit is the key—academic, social, financial, etc. Find schools where you will be motivated, comfortable and appropriately challenged. Your goal should be to identify a short list of schools at which you would be happy and successful. Our goal is to empower and advise you to make educated decisions toward that end.

The following tips and strategy points will help you stay on top of your college search and application process and keep your senior year in perspective.

Think about attending the "Creek to College" Application Boot Camp at the end of May/beginning of June. The Boot Camp will give rising seniors a wonderful head start on the process.

Application Tips:

•Prioritize your college search—make it important!

Roll up your sleeves and take ownership of this process. The more you invest in your search now, the better the fit with your college will be. The longer you wait to get started, the more options will pass you by. This should be an adventure...not a chore.

- Avoid the trap of familiarity and explore the wonderful palette of schools out there. Be open to suggestions and willing to investigate. Do not settle for the same schools to which everybody else is applying.
- Avoid the college admission rat race.

Be leery of rankings and the year's "hot school" list. Do not confuse admit rates with quality. On-line chats and blogs can be useful when used properly but they can also be a source of misinformation and subsequent anxiety. Explore what works for you by defining your own needs and interests. Find the best match and fit for you. College selection is most rewarding when you find the correct fit.

•Keep it all in perspective.

You are not an SAT or ACT number. GPA and rankings are not measures of your self-worth. Many colleges have moved to test optional which allows you to decide if you want to send test scores to the colleges or not. Please check www.fairtest.org for the most accurate information. Do not lose your senior year to stress and worry associated with your college search and application process.

•Avoid the myth of the one perfect school.

Many people are surprised to find out what they thought was the perfect school for them was far from it. Or, they are left searching when that school does not admit them. Rather, think in terms of five first choice schools, all of which you would be happy and successful

CHERRY CREEK POST GRADUATE AND COLLEGE PLANNING GUIDE

attending. Your attitude will determine how much you enjoy your experience and how much you get out of it.

•Being denied by a college is not the end of the world. If you receive a letter of rejection, pick up and move on. If you have followed a sound strategy, you will have other great options from which to choose.

Application Strategies:

- Apply to a few schools with a wide range of selectivity.

 Avoid the high risk trap of applying only to competitive schools with selective admission.

 The goal should be for you to have some options in the spring of your senior year.
- •Most students should submit at least one early action application.

 Applying to your likely school early (October or November) will allow you to start the process off with some good news and will give you assurance that you will have a place to go next year. You might be surprised by how much anxiety is relieved when you receive your first acceptance letter.
- •Explore Early Action (non-binding) and Early Decision (binding) options, but be aware that these options may not be the best for you.

Discuss your options and strategies with your CCHS counselor.

- Visit the colleges that are high on your list.
- Offices of admission may keep track of student visits as well as communications such as phone calls and e-mails. This helps them differentiate between an application from a sincerely interested student and a last minute application completed on-line as an afterthought.
- •Recruited athletes should submit an application early to a school(s) where they would consider walking-on if a scholarship is not forthcoming or where they would be happy to attend as a student without participating in varsity sports.
- Many athletes that wait around until the end for a coach to call are left empty-handed. Be sure to explore options at the Division II, III and NAIA levels as well.
- •Prospective visual/performing art students should follow the same advice and apply to a school(s) to which they know they can be admitted in addition to their more competitive options.

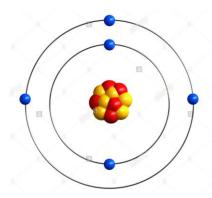
 Consider applying to a comprehensive university with a strong art department as well as art schools.

The College Search and Selection

The steps listed below can be used as a checklist as you initiate your college search. They pose very broad questions that will start you down the path of your individual search. Please remember that your search will be unique to you and you should not compare your thoughts, plans and decisions with your peers that have their own unique search criteria. Your CCHS counselor will help you with several of these steps. Most of the work however, must be done by the student. Students, in particular, should take ownership of this process.

- Consider why you are thinking about going to college. What do you really want to accomplish in college? What factors are influencing you? Family? Friends? What do you want out of the experience?
- •Consider the kind of work you would like to do after college. Have you formulated any career goals? What college majors are related to those goals? Is the kind of college education you are thinking about relevant to these goals? Which colleges are outstanding in preparing you for your career choice?
- •Assess how well prepared you are for college coursework. What are your academic strengths and weaknesses? How well have you done in school? How do your abilities compare to those of other college bound students in your class, your state, and the nation? How well are you likely to do at the colleges you are considering?
- Determine which college characteristics are most important to you. Cost? Size? Program? Campus atmosphere and kind of students? Try to set your priorities before you think about choosing a specific college. The following section will help you. Naviance Super Match is another great option to help you get started.
- •Collect information about the colleges you are considering. Check on-line and in the Post Grad Center for reference materials. Visit campuses, if possible, and talk to enrolled students. Attend meetings with college representatives as they visit Cherry Creek throughout the year. Attend all college fairs in the area.
- Determine college costs and the ways you will meet them. Add up the costs of tuition fees, room and board, transportation, supplies and books, and personal expenses at each college. What are your financial resources? Will you need financial assistance? If so, check the aid application procedures and deadlines required by the colleges of your choice.
- •Know admission procedures and timelines. Check application deadlines, procedures, and fees. Which tests are required for admission? Determine whether you meet the admission requirements at your college choices.
- •Keep rethinking your plans and weighing your options and your resources. Talk to your parents, teachers and friends. Your feelings and thoughts about college might change dramatically between now and the time you apply next fall.
- Work closely with your counselor throughout this process.

Five First Choice College Model



Cherry Creek High School has adopted the "Five First Choice College Model" that was pioneered by Barbara Conner of the Foxcroft School, an innovative system for creating your short list of schools to apply to, by targeting five schools on your list, to reduce stress and improve your college admission outcome.

Your Five First-Choice Colleges should:

- Have a typical admitted pool that aligns with your current academic profile;
 - Naviance scattergrams are a great way to review academic information from prior Creek students who applied within the last three years.
- Match your academic/social/cultural setting goals;
 - o It is important to consider what things are important to you from an academic experience, what you are looking for in your social activities and cultural opportunities.
- Be a school that you've looked at from a financial perspective;
 - o College is an expensive investment and it is important that families have early conversations about what the family can or is willing to afford. Applying to colleges that are affordable for a family is the biggest decision maker outsider of being admitted.
- Be a school you're excited about attending!
 - Oping your research is key to finding colleges that you want to attend. There is more than ONE college that is a good fit for every student.

It is important in today's college admission landscape that students do thorough research in finding the three to five colleges that meet the above criteria. *The five first choice colleges does not include the Ivy Leagues or any college that accepts less than 30% of applicants.* Consider the Five First Choice as your nucleus or your core colleges that you know will help you reach your goals in an exciting way. You can apply to colleges outside of the core which includes colleges unlikely to admit you, however we hope this way of thinking fosters a healthy and realistic mindset and level of expectations. If the college does admit you, you will be excited to add it to your options.

How Colleges Evaluate Applications

The process of reading and evaluating applications is complex and difficult to grasp. It frequently has been described as more of an art than a science. Those looking for simple equations or tangible checklists leading to success in the process will usually be frustrated. The following list identifies many of the criteria that colleges will use to evaluate your application.

- Proven Academic Achievement: As demonstrated on the school transcript, by course selection and grades. Trends in grade performance are important.
- Course Load: Depth, quality and number of courses. Honors, Advanced, and AP courses indicate a high level of academic challenge. A strong or light course load suggests a lot about the applicant.
- •SAT or ACT Scores: Optional for most colleges please check <u>www.fairtest.org</u> for the most up to date information.
- A Student's Activities and Interests: Includes use of time, ideas, social concern, non-scholastic potential. Two or three well-developed and meaningful interests in which a student demonstrates commitment are preferable to a scattering or partially pursued clubs and activities. Colleges want to know how you are going to make their campus a more interesting place!
- Personal Interviews: Are generally helpful. A few colleges require an interview. Most do not.
- Counselor Recommendation: Written by your counselor if required.
- *Teacher Evaluations:* Letters "fill in the gaps" and add color to your application. They should be specifically informative and should be written carefully by people who know you best.
- Application: Colleges consider carefully the time and thought you put into your applications, especially the college essay. Be proactive, use your recourses, and do not dash these off hastily at the last minute.
- *Individual Flavor and Unusual Achievements:* Admission committees seek uniqueness in your admission credentials...a different, or uncommon consideration which may set you apart from the other candidates and may produce a favorable decision for you.
- Goal Orientation: As demonstrated by your motivation for a particular course of study or long term commitment through activities.
- School Attended: Cherry Creek is well known and highly regarded.
- Daughters and Sons of Alumni: Receive attention at some colleges. At best, such candidates can expect to be given a "closer look."
- Correspondence: Initiated by you, not by your parents, shows maturity and demonstrated interest.

- *Visits:* A visit to a school shows genuine interest. Be sure to contact the Office of Admission 2-3 weeks before you arrive—they will take notice of your visit(s).
- Special Talents: Any qualities the school may need-athletes, musicians, etc.
- *Geography:* Coastal colleges look for geographic diversity in their student population and may be interested in a Colorado applicant.

Questions to Consider As You Begin Visiting Colleges

There are over three thousand colleges and universities in the United States today and many wonderful schools in other countries as well. Cherry Creek students attend colleges throughout the nation and occasionally cross borders into other countries to earn their degree. While we do not expect you to explore every option available, we strongly encourage you to invest in the search process and explore the many exciting and wonderful options before you. Please keep in mind that you will determine your own success and happiness wherever you decide to attend college.

You should reflect on many issues as you begin in earnest to define your college search. The following questions will help you think through some of the important factors. Some of these issues will be more important to you than others. Take time to write down your thoughts. Do not be surprised if your thinking changes over the course of your college search. Once you have started to define your own search, use any of the useful tools available today to find colleges that match your interests. Your CCHS counselor will be one of your most valuable resources in this part of the process. The following items are not prioritized.

- Size: Large, medium or small enrollment? Will it make a difference to you? Be leery of stereotypes associated with school size –both small and large schools offer many advantages.
- Area of Study: Is your major choice available there? Is the college outstanding in particular areas? Will you be able to get all the courses you will need? Can you combine majors?
- Admission Selectivity: How competitive is admission? What is the school's admit rate? Is the school likely to admit you? What are the median SAT or ACT scores? What GPA is required?
- Expenses: What will it cost? Tuition, room, board, fees, books? What additional travel costs will be involved? Is it within the range that you have discussed with your parents?
- Financial Resources: Is the school generous with financial assistance? Will you likely qualify for scholarships? How much money is available from your family? What financial assistance—scholarship, loans, and jobs are available?

CHERRY CREEK POST GRADUATE AND COLLEGE PLANNING GUIDE

- •Location and Climate: What areas of the United States are attractive to you? Do you want a large city or a college town? In state or out of state? Primarily warm or cold climates or distinct seasonal changes?
- *Coed or Single-Sex:* Are you interested in a women / men's college? What are the advantages? Would it make a significant difference to you?
- Accreditation: Is the school fully accredited by a regional accrediting agency and/or approved by appropriate professional associations?
- Tests Required: Is the SAT or ACT required? What are the median scores? Is it optional?
- Deadlines: When must applications, testing, etc. be complete?
- Application Options: When are admission decisions made and announced? Does the college have Early Action? Early Decision? Rolling Admission? (Explanations of these terms are included in the Glossary.)
- Prestige and Recognition: What is the college's local and national reputation? Who are the distinguished alumni? For what fields is it particularly noted?
- Special Programs: What honors programs, courses, area studies, student exchanges, study abroad, and internship programs are available?
- *Rigor:* How difficult will a particular college be? Is it easy to get into but hard to get out of? Would you be "in over your head?" Will you be appropriately challenged?
- •Calendar: Does it make a difference if the college follows a two-semester, trimester or quarter system? Does it have an interim semester or another system unlike any other college?
- Student Life: What does one do at the college on the weekend? Are there fraternities or sororities? Are they important? What are the social regulations? What social opportunities are available on campus or nearby? Is the campus overwhelmingly conservative or liberal?
- *Retention Rate:* Is there a high freshman retention rate? Why? Do the majority who enter also graduate? Does the school offer an orientation or transition program for freshmen?
- Proportion of Students Going to Graduate or Professional School: Who goes to graduate or professional school? Where? What is their acceptance rate for graduates?
- *Religious Affiliation:* Is the college associated with a particular religious group? Are there religious requirements? Are churches of your faith available on or near the campus?
- Faculty and Method of Instruction: Who teaches...professors or graduate students? Are audiovisual presentations utilized heavily? Is independent study available? What percentage of faculty has a doctorate degree? What is the faculty relationship with the students? Are there special programs for those having learning problems, if so, who qualifies?

- *Technology:* Is the campus up to date with current technology? Are the dorms wired? Wireless? Are laptops required? How many computer labs are on campus? What are their hours?
- *Character or Tone:* What is the "psychological environment" of the place? Are the students serious, indifferent, or carefree? Are courses rigorous? Are students friendly? Is the campus deserted on the weekends? Is the environment competitive? Do students spend out-of-class time studying or carousing? What gives the college its distinctive flavor?
- *Cultural Opportunities:* What speakers, concerts, films, plays, etc. are available? Are museums, theaters and concert halls available in the area? Is the place culturally isolated or rich? Must the campus produce all cultural opportunities?
- Career Counseling and Post-Graduate Job Placement: What services does the college offer in this area? Who hires the graduates? Where do the graduates go to live?
- Athletics: If you are interested in playing interscholastic sports, does this college's program fit your talent level? What kind of intramural program is available? Are there "big time" college sports on campus? Does that matter to you?
- *Housing:* Is it available to all students? Is it coed? What are the off-campus housing alternatives? Is it required to live on campus for a certain number of years?

Planning College Visits & College Rep Visits to Cherry Creek

Visiting prospective colleges can be a big help in your decision-making. A visit provides a first-hand impression for you and your family about people, programs and facilities. The exchange of information and the impressions gained on both sides should be meaningful.

- •Register in advance through the admissions website of the college. Check the website or call. Consider requesting overnight accommodations in a dormitory, meetings with professors and coaches or information regarding any other activity you might like to experience. Try to visit at a time when students are on campus.
- •Learn everything you can about the college from its website before you visit.
- •Allow enough time to get a feel for the campus. If possible, arrange to spend the night in a freshman residence hall. Visit the library, the student union, the labs, the gyms, the residence halls-the buildings where you would live, attend classes, eat and sleep. Talk to the professors and especially to students and visit the student "hangouts". Ask about the "unwritten rules." Find out how accessible the teachers are. Try to find out "what makes the place tick.
- •Take pictures while on campus and create a file for each college.

CHERRY CREEK POST GRADUATE AND COLLEGE PLANNING GUIDE

- •Make notes of your reactions and impressions of that particular college as soon as you leave campus. You will find these helpful later, especially if you are going on to visit other colleges on the same trip.
- •Visit colleges in which you area really interested.
- •It is highly recommended that you visit a college BEFORE you apply. If you can't visit, talk with your counselor about other options, information and ideas.
- •Thank everyone you met with during your visit by writing hand-written notes of appreciation.

Guidelines for Visiting with College Representatives at Cherry Creek

IMPORTANT: BEFORE a college visit can be counted as an excused absence, a student must talk to his or her teacher prior to missing class. The teacher will mark a "U" for unexcused in Powerschool and it will be changed to a "C" for counseling once you sign in and out and meet with the college admission officer in the Post Grad Center.

- Seniors and juniors need to register for a college visit in Naviance.
- •Seniors and juniors are allowed to miss classes for college representative visits on the Cherry Creek campus.
- •Sophomores and Freshmen are encouraged to attend college fairs throughout the Denver metro area (check the college planning schedule and www.cchspostgrad.com.

The College Application

Important things to remember:

- •The following list includes everything that could be required; however, you might not be asked to submit everything on this list to every college.
- •You, the student, are responsible for checking the college's individual website for requirements/checklists prior to meeting with your counselor. You also need to follow the school's policy for submitting applications, including all supporting documents.

What may be included in the college application?

- Personal and educational data
- Honors and awards
- •Extracurricular, personal and volunteer activities
- •Employment, internships, research and summer activities
- •Essays, both short answer & longer personal essays
- •Disciplinary information (we do not submit this information)
- Application fee
- •Electronic Signatures (where you type your name)
- Audition/portfolio (if applicable for certain majors)

What supporting documents might be needed to complete the application?

- Official Transcript
- ACT/SAT scores*
- Counselor Forms
- Teacher Forms
- Midyear Report/Transcript
- •Letters of Recommendation (ONLY if required by the college/university)
- * It is the student's responsibility to have their test scores sent to the colleges to which they are applying.

What is the Common Application?

The Common Application is a not-for-profit organization that serves students as well as colleges & universities by providing an online admission application that students may submit to over 900 colleges. This allows a student to complete one application for numerous colleges along with individual school supplements.

Some colleges accept the Common App and/or their own application, while other colleges exclusively use the Common App. For those colleges that offer a choice, you must indicate in Naviance which application you are using. For more information and a list of participating schools, visit www.commonapp.org.

^{*}When in doubt, contact the college/university admissions office to confirm application requirements

Senior College Application Checklist

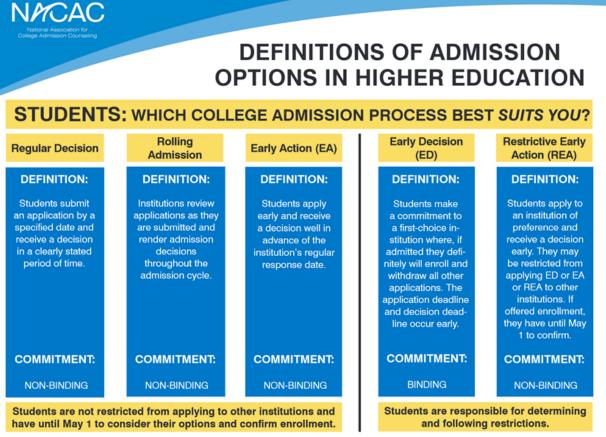
Please review this checklist **before** you meet for your senior conference.

Ap	plication Process
	Apply to Common App colleges on www.commonapp.org Apply to Coalition App exclusive colleges on www.coalitionforcollegeaccess.org Apply to non-Common App colleges directly on the college's website For self-reporting colleges use the unofficial transcript that post grad sends home in late August For self-reporting colleges access your SAT/ACT account to get your score report Review which colleges require official ACT/SAT test scores and send ASAP www.collegeboard.org www.collegeboard.org www.actstudent.org Cherry Creek High School Code for all college applications: 060-515
	Check application deadlines for each college, submit your application on time
Co	ommon Application
	If applying Common App, create an account on www.commonapp.org Complete the Education section Add at least one college to the "My Colleges" section Complete the Common App FERPA release under "My Colleges" Under "My Colleges", click on any college on your list Click the FERPA Release Authorization link Read the FERPA Release Authorization and check the box to continue Check the first authorization box, then we strongly encourage you to select "I waive my right to review" (see counselors with questions) Check the final box, type your name & date, click "Save"
	In Naviance, go to "Colleges I'm Applying To" Enter your Common App email and birthdate and click "Match"
<u>Te</u>	acher/Counselor Letters of Recommendation
	Do your research: Do you need to send a letter of rec? One is usually enough – two at most. Is a counselor letter of rec required? If so, you will have a senior interview during the senior conference with your counselor.
	Verify your teacher letter of rec has been uploaded in to Naviance after October 1 – check in the Post Grad Center.

CHERRY CREEK POST GRADUATE AND COLLEGE PLANNING GUIDE

<u>Co</u>	ellege Essay and Supplements		
	Research essay requirements for each college and take advantage of college essay help in the Post Grad Center during 5 th and 8 th periods first semester.		
	Research supplemental essay requirements and if a portfolio is required. If so, please make sure you spend solid time on it.		
<u>Sig</u>	gning Up For College Visits		
	Scroll down to the bottom of the page and click on list of colleges and register		
<u>Fi</u>	nal Steps		
	Turn in Blue Transcript Request Form (\$5.00 for each form) for each college to the Post Grad Center		
	Be aware of meeting the internal Post Grad deadlines for submitting transcript request forms		
	Complete Senior Conference Questionnaire on Naviance		
	Ask your parents to complete the parent questionnaire on Naviance (only if you need a counselor letter of rec)		
	Review & Update colleges in "Colleges I am Thinking About" list		
П	Schedule senior conference with your counselor in the Post Grad Center		

Definitions of Admission Options



For a copy of this flyer, please visit www.nacacnet.org

EARLY DECISION – This plan involves a binding commitment between the student and the college. The admission committee will review the student's application earlier than those of students applying regular decision, and the committee will inform the student of its decision before January 15 (usually during December). In turn, the student, if accepted, is ethically committed to attending the college and to canceling (or not submitting) applications to any other colleges. Obviously, a student can submit an Early Decision application to only one college. Colleges act on an Early Decision application in one of three ways: accept, defer, or deny. If an Early Decision student is deferred, he/she is no longer ethically committed to the particular institution.

RESTRICTIVE EARLY ACTION-SINGLE CHOICE –A recently developed plan and offered by only a few select colleges, Early Action-Single Choice applicants enter a non-binding agreement similar to Early Action but agree not to file any other early action applications.

EARLY ACTION –Initiated in 1976-77 by the Ivy League colleges. This plan involves a non-binding commitment between the student and the college. The admission committee

will review the student's application earlier than those of students applying under regular decision and will inform the student of its decision usually during December.

REGULAR ADMISSION – Most colleges have a particular deadline for the receipt of applicants which may be from January 1 on. In this type of admission plan, the college informs applicants about admissions on a specific date, anytime before April 15, and the student is asked to respond to an acceptance notification by May 1.

ROLLING ADMISSIONS (EARLY NOTIFICATION) – Applications are considered as soon as all required materials (application form, fees, transcript, evaluations, test scores) are received by the college. It is important not to apply too early if you feel that your fall test scores and/or your 7th semester grades will place you in a better position for acceptance. Students are notified as soon as the decisions are made, usually from four to six weeks after completion of the application.

Definitions of Admission Decisions

ACCEPTED OR DENIED

DEFERRED DECISION – Candidates not accepted during Early Action or Early Decision Admission may be reconsidered along with the Regular Decision applicants.

WAIT LIST – The college admission committee has favorably considered your application but is over subscribed. Your application will be reconsidered, likely in late spring or early summer, depending on space available. It is the student's responsibility to inform the college that he/she would like to remain on the waitlist. There is often a specific process for remaining on a waitlist.

DEFERRED ADMISSION – This plan permits a student, once accepted, to postpone matriculation for one year in order to pursue other plans.

Transcripts

A transcript is an <u>official and legal document</u>, which is a record of a student's academic performance at Cherry Creek High School. All courses taken at Cherry Creek are included on the transcript and all semester and year-end grades. See the "Bear Facts" for policies related to failing grades, dropped courses, repeated courses, etc. While we can release unofficial copies of transcripts to students and families, official transcripts must be submitted directly from Cherry Creek to the colleges/universities/programs. Students will receive a copy of their transcript before class registration each year. Official transcripts include the principal's signature and the official school seal.

2021-2022 Post Grad Center Transcript Request & Scholarship Deadlines:

2021-2022 Transcript Request Deadlines

Transcript request forms due in Post Grad	If college/scholarship deadline is
September 27	October 15
October 4	November 1
October 25	November 15
November 8	December 1
November 29	December 15
December 6	January 1
January 4	January 15
January 10	February 1
January 31	February 15
February 14	March 1
February 28	March 15
March 21	April 1
April 4	April 15

^{*}After a deadline, your application will be processed in the order in which it is received.

College Admission Testing

Most colleges require an official test score report as part of the application's supporting documents. You will need to request them from www.actstudent.org (for the ACT) and/or www.collegeboard.org (SAT, PSAT, AP, SAT Subject Tests). All colleges within the U.S. will accept either the ACT or the SAT.

ACT

The ACT is usually taken during the second semester of junior year, although it can also be taken in the fall of senior year.

SAT

The SAT scoring ranges from 400-1600. All Cherry Creek juniors are given an SAT in their

^{*}Note: These deadlines are subject to change

spring semester. Students may also take an additional SAT test during the first semester of their senior year.

Advanced Placement (AP)

These exams are administered in May and are designed to test a student's knowledge in specific subject areas. Many universities grant college credit to students who score a 4 or 5 out of 5. AP exams are taken during the spring after a student has completed an AP course. AP scores are not used in admission decisions. Colleges are limited in the number of credits they may give to a student from AP exams. Also, AP scores are not accepted by all colleges – students should check with their school(s) of choice before taking the exams.

PSAT/NMSQT

The PSAT/National Merit Scholarship Qualifying Test (NMSQT) is a practice test used to assist students in preparing for the SAT. This PSAT is an optional exam administered during College Readiness Day in October for a fee. Although colleges do not see a student's PSAT/NMSQT score, a junior who does well on this exam, who meets other academic performance criteria, and elects to be considered for NM may qualify for the National Merit Scholarship Program.

Cherry Creek Standardized Testing Policy

Cherry Creek observes the following policies in regard to testing.

RECOMMENDED:

- *Practice PSAT 9* October of the freshman year during College Readiness Day. This is a practice for the SAT. Cherry Creek registers all freshmen students for this test.
- *Practice PSAT 10* October of the sophomore year during College Readiness Day. This is a practice for the SAT. Cherry Creek registers all sophomore students for this test.
- *Practice SAT 11* October of the junior year during College Readiness Day. This is a practice for the SAT. Cherry Creek registers all junior students for this test.
- •*PSAT/NMSQT* –Open to Sophomore or Junior years during College Readiness Day. Students and families CHOOSE to register for this exam which has an additional fee. This is a practice SAT. Only scores from the junior year are used in the National Merit Scholarship search.
- •SAT—April of the junior year. This is given during the State SAT day to all juniors at no cost. Cherry Creek registers all junior students for this test. Students may consider retaking the exam following junior year in August, October or November of Senior year.
- •ACT –District ACT is given in February/March of junior year. Students may consider retaking the exam in fall of senior year.
- •Students have "Selective Choice" when submitting their ACT/SAT scores. ACT/SAT scores are your private information and for this reason, Cherry Creek does not submit test

CHERRY CREEK POST GRADUATE AND COLLEGE PLANNING GUIDE

scores to the colleges. Students must contact the appropriate testing agency to have their scores sent to colleges.

Students who have a psychoeducational evaluation, which qualifies them for test accommodations, should contact their CCHS counselor or case manager to request/confirm accommodations. Both College Board and ACT require students to complete an application to request test accommodations. The College Board request can be made at any point during a student's high school career. ACT will not consider a request for accommodations until the student has registered and paid to take a test, which is usually done during second semester of the junior year. All requests for accommodations must include a parent signature giving permission to release confidential information to the testing services.

Students may register online for both the ACT and SAT. Please refer to the web sites below for current test dates and registration information:

SAT: <u>www.collegeboard.com</u> To register, send your score reports, receive your score over the phone, or change your test center/test date, call: Customer Service: Toll Free: 1-866-756-7346. Hours: Monday –Friday 7:00 a.m. –8:00 p.m. CST

ACT: <u>www.actstudent.org</u> To register, send your score reports, receive your score over the phone, or change your test center/test date, call: Customer Service: 1–319–337-1270. Hours: Monday –Friday 8:00 a.m. to 8:00 p.m. CST

Letters of Recommendation

Letters of recommendation in support of the student written/composed by the teacher or counselor are confidential and are only released to offices of admission or scholarship organizations student is applying. The CCHS counselor assigned to the family will only author the counselor letter of recommendation if required by the college or the counselor and student decide it is needed to support the student in the application process.

Letters of recommendation written by teachers are not reviewed by the Post Grad Center or the counselor. These letters are considered confidential communication between the teacher and the college admission office. The process of requesting a teacher letter of recommendation is highly encouraged in late spring of junior year, but before summer break. On evaluation forms and counselor forms, students have the option to waive their right of access. While this is a choice, we encourage students to waive their right of access. Admission offices will weight more seriously what writers say if the student has waived his/her rights.

Many college applications request one or more recommendations from teachers, counselors, or other adults who know you well. If the college that you are applying to require letters of recommendation, please use the guidelines below. Please do not request letters of recommendation until you know they are needed – check college websites first.

Who should I ask?

Colleges & universities often request letters of recommendation from an academic teacher (sometimes in a specific discipline) and/or your counselor. It is best to ask a teacher you have had for at least a full semester, if possible, and who taught you during junior or senior year. Colleges want current perspectives from someone who knows you well. Do not use a coach/club sponsor who cannot speak to your academic achievements and potential in place of an academic teacher.

When should I ask?

Make sure you give your recommendation writers at least 3 weeks' notice before they are due and sent on your behalf; however, the earlier you ask, the better. Many teachers like to have the summer to write recommendations, so if you know you will be applying to a school requiring letters of recommendation, you may want to ask teachers before the end of junior year.

Teacher Recommendations

- •First, talk to your recommender(s) face-to-face; then complete the teacher recommendation form(s) in Naviance and either print it out and hand it to the teacher or save it as a pdf and email it to the teacher.
- •Thank your teachers for taking the time to write you a letter of recommendation!

Counselor Recommendations

•Counselors require students to complete the Senior Conference Questionnaire in Naviance,

CHERRY CREEK POST GRADUATE AND COLLEGE PLANNING GUIDE

under the "About Me" tab. This is available starting in February of junior year.

•Thank your counselor for taking the time to write you a letter of recommendation!

Helpful Tips

- •Don't be shy. Teachers & counselors are happy to help you, as long as you respect their time.
- •Provide teachers and counselors with deadlines for each recommendation that you are requesting, especially noting the earliest deadline.
- •On the application form, waive your right to view recommendation letters. This gives more credibility to the recommendation in the eyes of the college.
- •Follow up with your recommendation writers a week or so prior to the deadline to ensure recommendations have been submitted or to see if they need additional information from you.
- •Write Thank You notes to your recommendation writers, and later, tell them where you've decided to go to college.

Campus/Alumni Interview

The importance of a campus or alumni interview varies from college to college. In general, highly competitive schools are more likely to offer a campus/alumni interview. Check with the college admission office to determine whether an interview is required.

The interview is an opportunity for you and the college to get to know each other better. Take the interview seriously, but don't overrate its importance. Some important college interview tips:

- •Be on time for your appointment (which means 5-10 minutes early)
- •Even if you're told to dress casual, wear attire that you would consider to be nice.
- •Be well prepared. Research the college prior to your interview, and be prepared to ask questions.
- •Answer questions to the best of your ability it's okay to admit you don't know something
- •Be ready to talk about yourself.
- •Know your test scores and latest grades.
- •Avoid one-word responses.
- •Be relaxed. Interviews are meant to be informative for both parties.
- •Turn off cellphones! Not just on vibrate/silent –turn it off or leave it in the car.
- •After the interview, send a 'Thank You' note to the interviewer.

Sample Interview Questions

Below are some of the basic college admission interview questions. You can expect to be asked several questions from the list below, so take some time to prepare thorough and thoughtful answers.

- •Why do you want to go to this college?
- •What do you expect to gain from college?
- •How do you make a difference in your community?
- •What was your most challenging course in high school? Why?
- •What would you change about your high school if you had the chance?
- •What do you enjoy about school?
- •How have you changed or grown through high school?
- •What are your strengths? Which weaknesses would you like to improve?
- •How do you respond to academic competition and pressure?
- •What was the biggest obstacle you have faced so far in your life? How did you manage it?
- •What three adjectives would your best friend use to describe you? Why?
- •What do you plan to study in college? Why?
- •What makes you unique?
- •Why are you a good match for this college?
- •Where do you see yourself in 20 years?

Frequently Asked Questions

On the Common App, there is a section about a student's right to view recommendations. Should I waive my rights?

You have two choices: Yes, I waive my rights -OR- No, I do not waive my rights. The Cherry Creek counseling department strongly recommends that you choose "Yes, I waive my rights." There are multiple reasons why a student should waive their rights.

- •If you choose not to waive your rights, colleges could view this as a 'red flag' that you do not trust your recommender.
- •If you choose not to waive your rights, the only way you would ever be able to see the recommendation is if you apply, are accepted, you attend the university, and they actually still have the recommendation on file. Most schools will purge all recommendations after students have been admitted. So even if you choose to not waive your rights, the chances you have to see your recommendation are slim-to-none.

How many applications are enough? What kind of schools should I be applying to? Ideally, 3-6 applications, although this will vary from student to student. As for types of schools:

- •Reach: Your credentials may meet or are below the published admission standards. Note: All highly selective schools should be considered a reach for every student.
- •Five First Choice Schools:
 - •Academic: Your credentials definitely meet or exceed the published admission standards.
 - •Financial: In addition to being an academic safety, this school meets your financial situation.

Is it too late for me to take/retake the ACT or SAT my senior year?

This depends on the application deadline. Check with each individual school or ask your counselor to provide some guidance.

Should I create a professional email address?

Do not use an e-mail address that uses questionable words/language. Do not use your cherrycreekschools.org email as it will be purged after you graduate and this email is the main way colleges will communicate with you once you are admitted. You may want to create a new email address for college application & scholarship purposes.

What about social media? Is it okay for an admission counselor to see my page?

College admission officials make a point of understanding social media that high school students are using. It is crucial that students maintain a professional public image on social media. The National Association of College Admission Counselors (NACAC) revealed that 25% of US colleges were searching for applicants on Facebook and/or search engines. In addition to maintaining a professional social media presence, also make sure that you understand the privacy settings within all social media that you use.

The Post Grad Center Responsibilities

- •Meet with and counsel students and parents. May help compile initial prospective college lists or other post high school options as a starting point for consideration during junior conference.
- •Publicize schedule of college admission representatives visiting Cherry Creek on Naviance under the "Colleges" tab home page.
- •Educate students and parents through special events like Freshman/Sophomore /Junior/Senior Parent Nights, Evening with Deans of College Admission, Financial Aid Night, College Fair, Coffee Talk, and other special programs (check here).
- •Advertise SAT/ACT test registration deadlines on www.cchspostgrad.com.
- •Write official school counselor letter of recommendation \underline{if} required by the college.
- •Provide college essay help during first semester with master English teachers.
- •Submit official transcript, school profile, letter(s) of recommendation to colleges as requested by the student with the blue transcript request form and \$5.00 per form. Also, you may submit a request for an updated 7th semester transcript with fall grades in January to be sent to any schools that either require it or if you think it would be helpful. This is a separate form and \$5.00 per form. Official transcripts must be submitted or mailed by the Post Grad Center.
- •Provide ongoing advice and support to students and parents.

Note: The Post Grad Center does not keep track of application and/or scholarship deadlines for students.

Responsibilities of Students and Families

- •Do preliminary research on colleges, read college catalogues and view books, visit with college representatives, talk with your counselor, utilize information on Naviance and attend special events.
- •Register for all required testing ACT, SAT. All Cherry Creek students are required to take the district ACT in February/March and the state SAT in April of their junior year.
- •Arrange for college visits and possible interviews.
- •Decide to which colleges you want to apply. Some students will apply to four or five schools covering a range of selectivity. Some students will apply to more schools and some will apply to fewer.
- •Submit all completed blue transcript request forms to the Post Grad Specialists approximately three weeks before the college deadline.

- •Ask teachers to write letter of recommendation during the spring of junior year. If the teacher agrees to write the letter, the teacher will upload the letter and the Common App teacher rec form in Naviance by October 1 of the senior year.
- •Have your college application essay proofread by someone, but remember that this is your application. You need to ethically and responsibly write your personal statement and/or essays yourself.
- •Notify testing services to send your official scores to colleges to which you are applying, if required.
- •Search for and complete scholarship and financial aid forms.
- •Schedule and prepare for music or drama auditions and/or all required art portfolios, etc.
- •Register with the NCAA Eligibility Center if the student is a prospective athlete.
- •Once you have decided where you are going to college, notify each of the other colleges to which you have been accepted of your decision to attend elsewhere.
- •Make certain your acceptance deposit is sent to your final college of choice by the May 1 deadline. If a separate housing deposit if required, be sure to meet that deadline.
- •Maintain a strong course load and strong grades throughout the senior year.

Students with Special Needs

The process of researching and selecting an appropriate college is a complex one for any student and their family. For the student with specials needs, the process takes on even higher levels of complexity. But there is good news! More and more colleges are providing services and developing support programs for students with special needs. The goal of this section is to provide insight to students and their families as to the additional steps they must follow to ensure that they find a college that will meet the needs of their student.

Self-Advocacy

The best gift we can give our students is to teach them the skills to advocate for themselves. Once a student leaves high school, the jurisdiction of IDEA (Individuals with Disabilities Education Act) ends –this is where the school identifies students and provides them with appropriate services. In college, the responsibility shifts to the student to obtain services and accommodations in their classes.

Earlier Planning

For students on an Individualized Education Plan (IEP) or 504 Plan, early college planning is key, particularly for students needing specific support programs or services. While most of the college planning buzz occurs for students in their junior and senior years, students with IEPs/504s can begin their college research earlier.

Understanding Independence

Choosing a college, particularly for students with disabilities, requires making judgments

about one's personal level of independence. How far from home will they be comfortable while adjusting to the increased personal and academic demands of college?

Levels of Support

- •<u>Highly Structured Programs</u>: These college programs provide comprehensive services for students with learning disabilities. They are more likely to have separate admissions processes and charge additional fees over and above the general tuition costs. The number of students accepted is limited to ensure ideal staff/student ratios.
- •Coordinated Services: These services are provided to students who voluntarily identify themselves as in need of academic help and/or accommodations to be successful in college. Students may submit a special application and the Director of Support Services may be involved in the admission decision. Traditionally, the onus for receiving these types of services is on the student to advocate for themselves. There are usually no additional fees for these services.
- •Basic Services: Most colleges will provide basic services that comply with Section 504 of the Rehabilitation Act. Sometimes these services are directed by persons knowledgeable about learning disabilities, so it is valuable to determine this when researching your colleges. The degree of effectiveness of basic services varies from college to college; it is up to the student to seek out these services.

Resources for Students with Special Needs

As with all students, it is crucial for students with special needs to visit college campuses, to better understand the available services and resources on the college campus. When scheduling a campus visit, you should make arrangements to meet with Disability Support Services (this name varies by campus). Doing so establishes the student's ability to self-advocate. It will also allow you the opportunity to ask faculty about what supports & resources are available to students.

Questions to Ask Colleges Regarding Special Needs Accommodations

- •What are the procedures and timelines for applying for and receiving eligible services?
- •What accommodations are available on campus and how are they accessed?
- Are there additional costs for services?
- Are students with similar needs being serviced at this school? If so, how many?
- •Are tutorial services available? If so, who administers them –peers or professionals?
- Are policies in place to protect the confidentiality of student records?
- •Is there someone who will help my student obtain the necessary services and accommodations?
- •Is there a professional available who is knowledgeable about learning disabilities who will be available to help my student?
- •Are there organized support groups for students with similar needs?

CHERRY CREEK POST GRADUATE AND COLLEGE PLANNING GUIDE

•Are there courses available to help students with time management, study skills, organization, test-taking, etc?

Outside Resources to Consider

- K&W Guide to Colleges for Students with LD/ADHD (13th Edition)
- •Learning Disabilities Association of America
- Association on Higher Education and Disability (AHEAD)
- •National Center for Learning Disabilities
- •CHADD: The National Resource on ADHD

Undocumented Students

Undocumented students face numerous hurdles when seeking postsecondary options (college, careers & the military). We hope that the resources below will help inform, educate, and assist undocumented students at Cherry Creek.

General Resources for Undocumented Students

- FastWeb.com: 8 Things All Undocumented Students Should Know About Applying to College
- •BestColleges.com: College Guide for Undocumented Students
- •National Immigration Law Center: Education Information
- •National Immigration Law Center: Basic Facts
- •National Immigration Law Center: Financial Aid & Scholarships
- •Federal Student Aid: Financial Aid & Undocumented Students

Colorado Specific Resources for Undocumented Students

- •Colorado Immigrant Rights Coalition
- •Rocky Mountain Immigration Advocacy Network

Athletics: The NCAA & The NAIA

Prospective athletes should work closely with their coaches to explore all opportunities for participation in collegiate athletics. Students should communicate their interests to their coaches and counselors early in the process and actively work to promote themselves to the colleges in which they are interested. While coaches at Cherry Creek are eager and willing to assist you in your search, the primary responsibility for contacting college coaches and following up lies with the student-athlete.

NOTE: The 16 core credits necessary for NCAA Initial Eligibility approval MUST be taken within the first eight semesters of high school. Look over the list of Cherry Creek Approved NCAA Courses.

Levels of Participation

- •DIVISION I Typically larger schools with highly competitive sports; scholarships available.
- •DIVISION II Traditionally medium size schools with more regional orientation; scholarships maybe available.
- •DIVISION *III* –Smaller schools; no athletic scholarships awarded.
- •NAIA-Smaller schools, athletic scholarships may be available.

NCAA Initial Eligibility

During the Sophomore or Junior year, it is recommended that prospective athletes register with the NCAA Initial Eligibility Center in order to determine initial eligibility. The NCAA will evaluate transcripts and test scores to determine if each recruited athlete meets minimum eligibility requirements (listed on the next page). Register online at www.ncaaeligibilitycenter.net. Phone: 1-877-262-1491.



DIVISION I ACADEMIC REQUIREMENTS

College-bound student-athletes enrolling at an NCAA Division I school need to meet the following academic requirements to practice, compete and receive an athletics scholarship in their first year of full-time enrollment.

Core-Course Requirement Complete 16 core courses in the following areas: | MATH (Algebra I or higher) | MATH (English, math or natural/physical science) | SOCIAL (English, math or natural/physical science) | SOCIAL (English, math or natural/physical science) | SOCIAL (English, math or natural/physical science) | MATH (Algebra I or higher) | MATH (Algebra I or h

2 years

FULL QUALIFIER

4 years

- · Complete 16 core courses.
 - Ten of the 16 core courses must be completed before the seventh semester (senior year) of high school.

3 years

- Seven of the 10 core courses must be in English, math or natural/physical science.
- Earn a core-course GPA of at least 2.300.
- Earn an SAT combined score or ACT sum score matching the core-course GPA on the Division I sliding scale (see back page).
- Graduate high school.

Full Qualifier

College-bound student-athletes may practice, compete and receive an athletics scholarship during their first year of full-time enrollment at an NCAA Division I school.

Academic Redshirt

College-bound student-athletes may receive an athletics scholarship during their first year of full-time enrollment and may practice during their first regular academic term, but may NOT compete during their first year of enrollment.

Nonqualifier

College-bound student-athletes will not be able to practice, compete or receive an athletics scholarship during their first year of full-time enrollment at an NCAA Division I school.

International Students

Please review the international initial-eligibility flyer for information and academic requirements specific to international student-athletes.

Click here for Division II academic requirements.

ACADEMIC REDSHIRT

· Complete 16 core courses.

1 year

- · Earn a core-course GPA of at least 2.000.
- Earn an SAT combined score or ACT sum score matching the core-course GPA on the Division I sliding scale (see back page).

2 years

4 years

· Graduate high school.



Test Scores

If a student plans to attend an NCAA Division I college or university in the 2019-20 or 2020-21 academic years, use the following charts to understand the core-course GPA he or she will need to meet NCAA Division I requirements.

A combined SAT score is calculated by adding critical reading and math subscores. An ACT sum score is calculated by adding English, math, reading and science subscores. A student may take the SAT or ACT an unlimited number of times before he or she enrolls full time in college. If a student takes either test more than once, the best subscores from each test are used for the academic certification process.

When a student registers for the SAT or ACT, he or she can use the NCAA Eligibility Center code of **9999** to send their scores directly to the NCAA Eligibility Center from the testing agency. Test scores on transcripts **CANNOT** be used in an academic certification.

DIVISION I FULL QUALIFIER SLIDING SCALE SAT* **ACT Sum*** 3.550 3.525 3.500 3.475 3.450 3.425 3.400 3.375 3.350 3.325 3.300 3.275 3.250 3.225 3.200 3.175 3.150 3.125 3.100 3.075 3.050 3.025 3.000 2.975 2.950 2.925 2.900 2.875 2.850 2.825 2.800 2.775

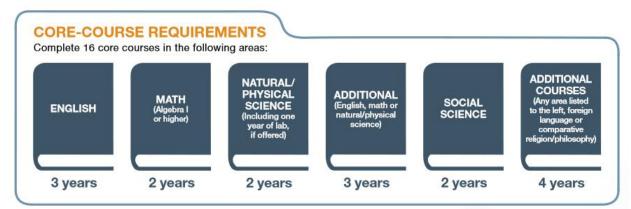
DIVISION I FULL QUALIFIER SLIDING SCALE			
Core GPA	SAT*	ACT Sum*	
2.750	810	59	
2.725	820	60	
2.700	830	61	
2.675	840	61	
2.650	850	62	
2.625	860	63	
2.600	860	64	
2.575	870	65	
2.550	880	66	
2.525	890	67	
2.500	900	68	
2.475	910	69	
2.450	920	70	
2.425	930	70	
2.400	940	71	
2.375	950	72	
2.350	960	73	
2.325	970	74	
2.300	980	75	
2.299	990	76	
2.275	990	76	
2.250	1000	77	₽
2.225	1010	78	蛗
2.200	1020	79	Sol
2.175	1030	80	DEMIC REDSHIRT
2.150	1040	81	ပ
2.125	1050	82	Σ
2.100	1060	83	ğ
2.075	1070	84	Ö
2.050	1080	85	•
2.025	1090	86	
2.000	1100	86	1

*Final concordance research between the new SAT and ACT is ongoing.

NCAA is a trademark of the National Collegiate Athletic Association.



DIVISION II ACADEMIC REQUIREMENTS



FULL QUALIFIER

College-bound student-athletes enrolling at an NCAA Division II school need to meet these academic requirements to practice, compete and receive an athletics scholarship in their first year of full-time enrollment.

- Complete 16 core courses in the appropriate areas.
- Earn a core-course GPA of at least 2.200.
- Earn an SAT combined score or ACT sum score matching the core-course GPA on the Division II full qualifier sliding scale.
- Submit proof of graduation to the Eligibility Center.

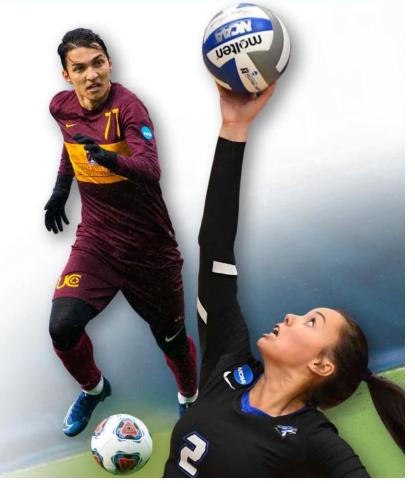
PARTIAL QUALIFIER

College-bound student-athletes enrolling at an NCAA member school Aug. 1, 2021, or later, that do not meet Division II full qualifier standards will be deemed a partial qualifier. All Division II partial qualifiers may receive an athletics scholarship and practice during their first year of full-time enrollment at a Division II school, but may NOT compete.

INTERNATIONAL STUDENTS

Please review the international initialeligibility flyer for information and academic requirements specific to international student-athletes.

For information on Division I, view the Division I academic requirements flyer.



TEST SCORES

If a student-athlete plans to attend an NCAA Division II college or university, they should use the sliding scale to review the core-course GPA and SAT/ACT score they will need to meet Division II full qualifier standards. More information regarding the impact of COVID-19 and test scores can be found at on.ncaa.com/COVID19_Fall_B.

A combined SAT score is calculated by adding critical reading and math subscores. An ACT sum score is calculated by adding English, math, reading and science subscores. Students may take the SAT or ACT an unlimited number of times before they enroll full time in college. If a student takes either test more than once, the best subscores from each test are used for their academic certification process.

CORE-COURSE LIST

Student-athletes should check to see if their high school has a list of NCAA-approved core courses. No core-course list means courses taken from that high school will not count toward NCAA eligibility.

ONLINE COURSES/ NONTRADITIONAL

Nontraditional courses are classes taught online or through distance learning, hybrid/ blended, independent study, individualized instruction, correspondence or similar means.

These types of courses may be acceptable for use in the NCAA initial-eligibility certification process; however, it is important to make sure the nontraditional program has been approved and appears on the high school's list of NCAA-approved core courses.

BE AHEAD OF THE GAME

If student-athletes want to get ahead of the game, they need to register with the NCAA Eligibility Center during their freshman/9th year.

After college-bound student-athletes complete their sophomore, junior and senior years, it is important for them to ask their counselor at each high school or program they attended to upload their official transcript to their Eligibility Center account.

For more information on Division II, visit ncaa.org/D2.

Want more information? Visit

ncaa.org/playcollegesports.



Core GPA	SAT*	ACT Sum*
3.300 & above	400	37
3.275	410	38
3.250	430	39
3.225	440	40
3.200	460	41
3.175	470	41
3.150	490	42
3.125	500	42
3.100	520	43
3.075	530	44
3.050	550	44
3.025	560	45
3.000	580	46
2.975	590	46
2.950	600	47
2.925	620	47
2.900	630	48
2.875	650	49
2.850	660	49
2.825	680	50
2.800	690	50
2.775	710	51
2.750	720	52

Core GPA	SAT*	ACT Sum
2.725	730	52
2.700	740	53
2.675	750	53
2.650	750	54
2.625	760	55
2.600	770	56
2.575	780	56
2.550	790	57
2.525	800	58
2.500	810	59
2.475	820	60
2.450	830	61
2.425	840	61
2.400	850	62
2.375	860	63
2.350	860	64
2.325	870	65
2.300	880	66
2.275	890	67
2.250	900	68
2.225	910	69
2.200	920	70 & above

^{*}Full sliding scale research between the SAT and ACT is ongoing.



WHAT IS A CORE COURSE?

NCAA schools require college-bound student-athletes to build a foundation of high school courses (core courses) to prepare them for the academic expectations in college.

For a high school class to be an NCAA-approved core course, it *must* meet these conditions:

- Be a four-year college preparatory course in one of these subject areas:
 - · English.
 - · Math (Algebra I or higher).
 - Natural/physical science.
 - · Social science.
 - Foreign language.
 - · Comparative religion or philosophy.
- Be taught at or above your high school's regular academic level.
- Receive credit toward high school graduation and appear on an official transcript with course title, grade and credit awarded.

Approved classes are added to your school's list of NCAAapproved core courses. Make sure you are taking courses on the approved list; ask your counselor if you need help.

What is Not a Core Course

Not all high school classes are NCAA-approved core courses. Some examples of courses that are not NCAAapproved core courses include:

- Courses in non-core areas, such as driver education, typing, art, music, physical education or welding.
- Courses that prepare students for the world of work or life, or for a two-year college or technical school, such as personal finance, consumer education or tech prep.
- Courses taught below grade level, at a slower pace or with less rigor or depth, such as basic, essential, fundamental or foundational courses.
- Credit-by-exam courses.

Core-Course Credits

You can earn credit for a core course only once. If you take a course that repeats the content of another core course, you earn credit for only one of these courses and the higher grade counts toward your core-course GPA. For more information on core-course credits, visit ncaa.org/student-athletes/future/core-courses.

Courses Taken Before High School

If you take a high school class such as Algebra I or Spanish I in eighth grade, the class may count toward your 16 core courses if it appears on your high school's list of NCAA-approved core courses and is shown on your high school transcript with grade and credit.

Courses Taken After High School

For information about courses taken after high school, see page 20 for Division I or page 23 for Division II.

College Courses, Dual-Enrollment Courses and Dual-Credit Courses

College courses may be used to satisfy NCAA corecourse requirements if the courses are awarded a grade and credit by the high school for any student and meet all other requirements for core courses. College courses must be placed on the student's high school transcript with clarification of college completion.

REMEMBER

Find your high school's list of NCAA-approved core courses at eligibilitycenter.org/courselist.



GUIDE FOR THE COLLEGE-BOUND STUDENT-ATHLETE

NONTRADITIONAL AND ONLINE COURSES

Nontraditional courses are taught online or through distance learning, hybrid/blended, independent study, individualized instruction, correspondence or similar means.

Generally, for a nontraditional course to count as an NCAA-approved core course, it must meet *all* of the following requirements:

- The course must meet all requirements for an NCAAapproved core course.
- All students in the course must have regular instructorled interaction for the purpose of instruction, evaluation and assistance for the duration of the course. This may include, for example, exchanging emails between the student and teacher, online chats, phone calls, feedback on assignments and the opportunity for the teacher to engage the student in individual or group instruction.
- The course must have a defined time period for completion. For example, it should be clear how long students are required to be enrolled and working in the course and how long a school would permit a student to work on a single nontraditional course.
- Student work (e.g., exams, papers, assignments) must be available for evaluation and validation.
- The course should be clearly identified as nontraditional on the student's official high school transcript.



A nontraditional course may not be approved for any of the following reasons:

- Does not have teacher-based instruction.
- Does not require regular and ongoing instructor-led interaction between the student and teacher.
- Does not require students to complete the entire course.
- · Does not prepare students for four-year college class work.
- · Does not have official student grade records.
- Does not meet NCAA core-course requirements.

When viewing the school/program's course list, you will find information about any nontraditional programs or courses in the "Additional Information" box as seen below.

Additional Information

Coursework from this school/program meets NCAA nontraditional core-course legislation.

REMEMBER



additional academic programs.

To find out if a nontraditional program or course is approved, go to eligibilitycenter.org/courselist to search the school/program and view the respective additional information boxes.

How am I Going to Pay for This?

Paying for college can be as stressful as applying. Financial aid for college education is available from a variety of sources. Awards are principally based upon need as determined by filing the FAFSA and CSS PROFILE. The person best qualified to give information and answer questions is the financial aid officer of the college to which you are applying. We strongly suggest that you establish a working relationship with the financial aid office at the college(s) in which you are most interested. Financial aid usually comes in a variety of forms and may include:

Free Application for Federal Student Aid (FAFSA)

Beginning in October, high school seniors & their families will be allowed to file the FAFSA using Prior-Prior Year (PPY) tax data. (For example, a high school senior planning to enroll in college in Fall would use tax information from prior/prior tax year on his/her FAFSA application.) The application can be located on the <u>FAFSA website</u>. Cherry Creek will be hosting a Financial Aid Night in October. Families that have additional questions can contact the Student Aid Hotline at the U.S. Department of Education at (800) 4FED-AID.

Types of Financial Aid

- •Grants are typically based on financial need and do not need to be repaid.
- •Scholarships may be awarded based on academics, special achievements, or involvement in school or community activities. Financial need is sometimes a factor. Scholarships are known as gift aid and do not need to be repaid.
- •<u>Loans</u> are a significant part of most aid packages. The loan must be repaid, though most often not until after graduation. Interest rates are usually lower than other types of loans. The repayment period varies from two to three years up to thirty years.
- Work Study refers to part-time employment on campus. Funding is provided through the Federal Work Study Program or institutional funds.

College Board's College Scholarship Service (CSS PROFILE)

Since there is a cost for this service, students should check directly with their prospective college(s) to be sure the CSS PROFILE is required. Used mainly by selective, private institutions, the CSS PROFILE utilizes institutional methodology which differs somewhat from the calculation performed by the federal government. The CSS PROFILE collects more specific data than the FAFSA and sends it to colleges. Families can complete this form early in the student's senior year, and should do so at www.collegeboard.org.

College-Specific Financial Aid Forms

Some schools ask students to complete an individual financial aid document from their own financial aid office. Such forms are typically mailed to accepted students or may be included in the application packet.

NOTE: Make sure you work with your college's Financial Aid/Scholarship Office to pursue an optimum financial aid package.

Financial Aid Clarifications

There is a lot of information (and misinformation) regarding financial aid. The following information is being provided to assist with any confusion.

How will I get financial aid information (FAFSA) to my colleges?

When completing the FAFSA, you can list up to 10 schools that you are applying to, along with a housing plan for each. If you're applying to more than 10 schools, you can add the additional schools later (after your initial applications have been accepted by the colleges). Information from the FAFSA will be sent to the 10 colleges you list, so that each can determine how much aid to award your family. If a university has multiple campuses, each campus should be listed separately. You can find the college/university's code using the FAFSA Federal School Code Search.

How do I find out how much my Estimated Family Contribution (EFC) is?

FAFSA will send you a report, called a Student Aid Report (SAR), by email. The SAR list the information you reported on your FAFSA. On this report will be your EFC number.

Is there a way I can find an estimate of how much I might need to pay for college?

Yes! The federal government requires all colleges to have a Net Price Calculator on their website. The calculator is meant to provide a reliable estimate of how much it will cost to attend a particular college, based on a family's financial circumstances. Instead of looking at college prices at the last minute after you've been accepted to a school, you can start comparison shopping early during your college search. A comprehensive list of college Net Price Calculators can be found here.

In-state public schools are the most affordable option, right?

Do not be fooled by the "in-state schools are less expensive" syndrome. This is not always true. Private schools charge the same amount for tuition for both in-state and out-of-state students. Private colleges' scholarships, however, can even the playing field when it comes to cost. Also, merit-based scholarships for out-of-state public institutions may make those schools less expensive than in-state schools as well.

Can I ask a school for more money?

When appealing or mediating a financial aid award, it is best for the family to deal directly with the college. Parents/students should contact the college if there has been a change in family circumstances since the student's financial aid application was submitted, or if there is information that was not reported on the original application. Families may want to provide information that was not asked for on the financial aid forms, or explain why the EFC is not reasonable. Students & parents should understand the college's appeal process policies before contacting the financial aid office for such requests.

Financial Aid & Scholarship Websites

Begin your scholarship search at the colleges in which you are most interested. The Post Grad Center maintains the scholarship list on Naviance that includes information for all scholarship programs for which we receive mailing information. The internet is the best place to search for online applications, scholarships, and general information. Please check out the following sites:

www.fastweb.com (Best known and most reputable scholarship database)
www.gocollege.com (Free scholarship search, plus college search)
www.finaid.org (Very comprehensive financial aid site)
www.studentaid.ed.gov (Federal Student Aid)
www.fafsa.ed.gov (FAFSA on the Web and Federal Codes)
www.moneycentral.msn.com/family/home.asp (Paying for College)

20 Questions to Ask a College About Financial Aid

- 1. What's the average total cost of attendance (tuition and fees, books and supplies, room and board, travel, and other personal expenses)? Do any of these costs vary by program?
- 2. What are the ranges of costs for the different housing options and meal plans?
- 3. By how much should I expect my costs to increase each year? (A three- to five-year history of cost increases should be available.)
- 4. Does financial need have an impact on admission decisions?
- 5. How is financial aid affected if I apply via an Early Decision or Early Action program?
- 6. Does the school offer scholarships or other types of aid that aren't based on financial need?
- 7. What forms are required to apply for financial aid?
- 8. What is the priority deadline to apply for financial aid?
- 9. When will I be notified about financial aid award decisions?
- 10. Will the financial aid offer take into account the full cost of attending, including books and supplies, transportation and personal expenses?
- 11. What percentage of need does this college attempt to meet on average?
- 12. Will the financial aid office provide me with an explanation of how my financial need and award package were determined?
- 13. What financing options are available to help us pay our share of the costs?
- 14. What is the average amount of student loan debt incurred by graduates?

- 15. If the financial aid package isn't enough, can I appeal? Under what conditions, if any, will the aid office reconsider the offer?
- 16. How will the aid package change from year to year? What will happen if my enrollment status or my family's financial situation changes?
- 17. What are the academic requirements or other conditions for the renewal of financial aid, including scholarships?
- 18. When can I expect to receive bills from the college? Is there an option to spread the yearly payment over equal monthly installments?
- 19. How much money will I need during the first week of school for books, supplies and other initial expenses? Can these expenses be charged to my account?
- 20. Regarding student employment, including the Federal Work-Study Program: How are jobs assigned? How many hours per week are students expected or allowed to work? How often and in what manner are they paid?

Handout 8L College Counseling Sourcebook, 7th Edition. © 2019 The College Board. All rights reserved. Permission granted to copy this for educational purposes.

The Transition to College

It is always a big relief once the college admissions process is over and you have found a new home for the next four years. There are many parts of this new freedom that can sound exhilarating, but it is also a time to start thinking about how you manage the new challenges that you will have in your life. How you will manage your new found extra time with balancing academics and your outside interests and activities? How will you deal with your first issue with a roommate? Consider reviewing books and websites that are helpful in providing practical advice.

Glossary of College Terms

- *ACT -American College Test:* The test is composed of four 35-50 minute sections in English usage, mathematics, reading and natural science reasoning. It tests both reasoning ability and knowledge of specific subject matter. Use of calculators is allowed on the mathematics portion of the exam.
- Application Deadline: The date by which applications, including transcripts and SAT/ACT scores, as well as letters of recommendation and supplemental portfolios, are due at a college. Deadlines vary by college it is a student's responsibility to research each schools' application policy and procedures to confirm deadlines.
- AP Tests: Advanced Placement Tests are given at the end of AP coursework each spring. High scores can earn advanced standing in colleges, with or without college credit.
- Associate's Degree: Typically, a two-year degree that is completed at a community/junior college. When a student transfers to a four-year institution, an associate's degree typically will fulfill the general education requirements.
- Bachelor's Degree: Typically, a four-year degree that results in a Bachelor of Arts, Bachelor of Science, or Bachelor of Fine Arts.
- Common Application: A single application which is accepted by more than 900 institutions. After completing the general Common Application, students may need to complete a school-specific supplemental document. Once all required documents are completed, a student will submit the application individually to each school.
- Consortium: Several colleges and universities within close proximity that allow students the opportunity to use the libraries or take classes at all member institutions. Consortium members often present joint lecture programs or unusual courses.
- Deferred Admission: Deferred admission is a plan which permits a student, once accepted, to postpone matriculation for one year, in order to pursue other plans.
- Deferred Decision: The college or university determines that more information is needed to make a final decision about a candidate's application. Often the decision is delayed until additional grades and/or new test scores are received.
- Early Action: A plan that invites early applications, but does not require the student to attend if accepted. The application deadline is usually in early November through December.
- Early Decision: A plan, offered by a select number of colleges, that invites early applications, and requires the student to attend if accepted. The application deadline is usually in early

November. If accepted through Early Decision, the student must withdraw all other applications immediately.

- Gap Year: A one-year program that a student completes before beginning their college education. Gap years take on many looks, from service-based to self-exploration. Students should check with colleges about deferring admission to complete a gap year before applying.
- Grade Point Average (GPA): The cumulative average of all your grades. The GPA is calculated at the end of each semester.
- Master's Degree: A 2+ year degree program that would occur after a student earns their Bachelor 's degree.
- Need-Blind: The philosophical position that a college accepts a student on the basis of his or her meeting specific requirements, without regard to the student's ability to pay. The understanding is that the school's Financial Aid Office will assemble an appropriate package for the student.
- Priority Deadline: Rolling admission colleges that have priority deadlines inform students earlier if they have been admitted, and may give priority for housing or financial aid.
- *Reach School:* A school where the student's GPA and ACT/SAT scores are at or below the average accepted scores. All highly-selective & Ivy schools are reach schools for all students.
- Regular Decision: The last deadline a student may apply to a college. Students generally apply anytime between January 1 and early March, with notification responses received by April 1.
- Rolling Admission: After receiving an application, a college will notify the applicant as soon as the application has been processed (usually 4-6 weeks) and the file is complete. It is to the student's advantage to apply as early as possible.
- Restrictive Early Action: A plan that invites early applications, but does not require the student to attend if accepted; however, students may not apply Early Decision/Early Action to any other school. The application deadline is usually in early November through December.
- Safety/Foundation School: A school where the student's GPA and ACT/SAT are at or above the average accepted scores. Also, a school that is financially reasonable for the student/family.
- *Target School:* A school where the student's GPA and ACT/SAT are at the average accepted scores.
- *Transcript:* The student's academic record that is sent by the high school to the colleges requiring the transcript for admission purposes. This includes courses taken, final grades, cumulative GPA, and work in progress (senior courses).

• Waitlist: A list maintained by selective schools containing names of students predicted to succeed at the institution but not accepted until those initially accepted notify the school if they will attend. If space remains, the school contacts waitlisted students generally between May 1 and August 1.

Financial Aid Terminology

- Adjusted Gross Income (AGI): Your family's wages, salaries, interest, dividends, etc., minus certain deductions from income as reported on a federal income tax return.
- Award Amount: Amount of aid a school expects to pay a student based on the student's current grant and loan eligibility, enrollment, Expected Family Contribution (EFC), and the school's cost of attendance.
- Award Letter: An offer from a college that states the type and amount of financial aid the school is willing to provide if you accept admission and register to take classes at the school.
- Award Year: School year for which financial aid is used to fund a student's education. Generally, this is the 12-month period that goes from July 1 June 30.
- Cost of Attendance: The total amount it will cost you to go to a school usually stated as a yearly figure. Includes tuition and fees, room and board, and allowances for books, supplies, transportation, loan fees and dependent care.
- Dependency Status: The determination of a FAFSA applicant as dependent or independent.
- •Direct Loan: A federal student loan, made through the William D. Ford Federal Direct Loan Program, for which eligible students and parents borrow directly from the U.S. Dept. of Education at participating schools.
- Direct PLUS Loan: A loan made by the U.S. Dept. of Education to graduate or professional students and parents of dependent undergraduate students for which the borrower is fully responsible for paying the interest, regardless of loan status.
- *Disbursement:* Payment of federal student aid funds to the student by the school. Students generally receive their federal student funds in two or more disbursements.
- Emancipated Minor: An individual (under the age of 18) who has legally been determined to be an adult by a court in his/her state of legal residence.
- Expected Family Contribution (EFC): The number that is used to determine your eligibility for federal student financial aid. This number results from the financial information you provide in your FAFSA application.

- FAFSA: Free Application for Federal Student Aid.
- Federal Pell Grant: A federal grant for undergraduate students with financial need.
- Federal Perkins Loan: A federal student loan, made by the recipient's school, for undergraduate and graduate students who demonstrate financial need.
- Federal School Code: An identifier that the U.S. Dept. of Education assigns to each college/school that participates in the federal student aid programs. In order to send your FAFSA information to a school, you must list the schools' Federal School Code on your application.
- Federal Student Aid: Financial aid from the federal government to help you pay for education expenses at an eligible college. Grants, loans and work-study are types of federal student aid. You must complete the FAFSA to apply for this aid.
- Federal Student Loan: A loan funded by the federal government to help pay for your education. A federal student loan is borrowed money you must repay with interest.
- Federal Work-Study: A federal student aid program that provides part-time employment while you are enrolled in school to help pay your education expenses.
- Financial Need: The difference between the cost of attendance (COA) at a school and your Expected Family Contribution (EFC). While COA varies from school to school, your EFC does not change based on the school you attend.
- *Grant:* Financial aid, often based on financial need, that does not need to be repaid (unless, for example, you withdraw from school and owe a refund).
- Homeless: An individual is considered homeless if he/she lacks fixed, regular and adequate housing.
- •Independent Student: A student who is one of the following: at least 24 years old; married; a graduate or professional student; a veteran; a member of the armed forces; an orphan; a ward of the court; someone with legal dependents other than a spouse; an emancipated minor; someone who is homeless or at risk of becoming homeless.
- *Interest:* A loan expense charged for the use of borrowed money. Interest is paid by a borrower to a lender. The expense is calculated as a percentage of the unpaid principal loan amount.
- •Legal Guardianship: A relationship created by court order through which the court appoints an individual other than a minor's parent to take care of the minor.
- Merit-Based Aid: Based on a student's skill or ability. For example: a merit-based scholarship might be awarded based on a student's grades and test scores.

- Need-based Aid: Based on a student's financial need. For example: a need-based grant might be awarded based on a student's low income.
- *Net Price*: An estimate of the actual cost that a student and family needs to/must pay in a given year to cover education expenses for the student to attend a particular school.
- •Net Price Calculator: A tool that allows a current and prospective students, families, and other consumers to estimate the net price of attending a particular school.
- •PLUS Loan: A loan available to graduate students and parents of dependent undergraduate students for which the borrower is fully responsible for paying the interest, regardless of the loan status.
- Private Loan: A non-federal loan made by a lender such as a bank, credit union, state agency, or school.
- Room & Board: An allowance for the cost of housing and food while attending college.
- Scholarship: Money awarded to students based on academic or other achievements needed to help pay for education expenses.
- Student Aid Report (SAR): A summary of the information you submitted on your FAFSA. You receive this report via email a few days after your FAFSA has been processed, or by mail within 7-10 days if you did not provide an e-mail address. If there are no corrections or additional information needed, the SAR will contain your EFC.
- Subsidized Loan: A loan based on financial need for which the federal government pays the interest that accrues while the borrower is in school, grace period, or deferment status.
- *Unsubsidized Loan:* A loan for which the borrower is fully responsible for paying the interest, regardless of the loan status. Interest on unsubsidized loans accrues from the date of disbursement and continues throughout the life of the loan.

College Links/Resources

College Search

- www.collegedata.com
- www.campusexplorer.com
- www.nces.ed.gov/collegenavigator
- www.ctcl.org
- www.imfirst.org
- www.thehundred-seven.org/hbculist.html
- https://sites.ed.gov/hispanic-initiative/hispanic-serving-institutions-hsis/
- www.ucas.com
- www.mappingyourfuture.org
- www.peterson.com

Testing

- www.fairtest.org
- www.collegeboard.com
- www.act.org
- www.toefl.org

Financial Aid and Scholarships

- www.fasfa.ed.gov
- https://cof.college-assist.org/
- www.nasfaa.org
- www.finaid.org
- www.salliemae.com
- www.uncf.org
- www.fastweb.com
- www.goingmerry.com
- www.scholarships.com
- www.unigo.com
- www.hsf.net

Students with Special Needs

- www.acb.org
- www.ahead.org
- www.chadd.org
- www.fcsn.org
- www.ldonline.org
- www.add.org

- www.ncld.org
- www.npnd.org

Multi-Cultural

- www.blackexcel.org
- www.uncf.org
- www.black-collegian.com
- www.hacu.net
- www.hsf.net
- www.naacp.org
- www.collegefund.org

Athletes

• www.ncaa.org

Career Search

- www.myroad.com
- www.myfuture.com
- www.mappingyourfuture.org
- www.careerweb.com

Applying to College

- www.commonapp.org
- https://admission.universityofcalifornia.edu/apply-now.html
- www.applytexas.org
- https://www.coalitionforcollegeaccess.org/